

# EIGHTEENTH SUNDAY IN ORDINARY TIME

31 July 2016

*Dear Parishioners,*

Christ is all and in all. (Colossians 3:11)

This concept of Christ being “in all” is a central aspect of Jesuit spirituality. The founder of the Jesuits, St. Ignatius Loyola, wanted people to find God in every person, in every place, and in every situation. So he developed a set of spiritual exercises to help people become more attentive to God’s activity in the world so that they could cooperate with him more fully and build his kingdom.

Part of Ignatius’ exercises was the Daily Examen, which he described as a prayerful review of the day. How was he present in the bad situations as well as the good ones? Ignatius knew that as we learn to see God “in all things,” we will grow more confident of his love and more willing to serve him and his people.

There are five steps to the Daily Examen:

1. *Be aware of God’s presence in your experiences.* Try to see how the Holy Spirit guided you today.
2. *Review your day with gratitude.* Be thankful as you look over your day.
3. *Pay attention to your emotions.* When and why did you get jealous, judgmental, hurt, happy, or excited?
4. *Choose one feature of your day, and pray through it.* Pick one or two strong feelings you have had this day, and pray about them. Did they draw you closer to God or make you feel compassionate, generous, or loving? Or did they make you feel self-centered, anxious, or fearful? Did they hurt or build up your relationships?
5. *Look toward tomorrow.* Ask God to give you his grace and his blessing for the next day’s challenges.

The Daily Examen is not just a pious pastime. Its goal is to draw us closer to God and make us more deeply engaged in the world. So give it a try. Take Ignatius’ advice, and talk to Jesus today as a friend who deeply cares for your well-being.

“Jesus, you are all in all. Open my eyes so that I can see you in all things today.”

*Deacon Mark Race, Administrator*

## **Pray for our sick...**

Virgie Aguilar, LaVern Agnew, Brian Argusta, Joyce Barnett, Rose Ball, Veronica Bearce, Fr. Emile Belletty, Sister Juliet Berber, Daniel Boone, Glenda Brown, Andrei Briggs, Vivian Burgess, Barbara Butler, Brownie Cain, Sister Cecilia Calva, Mary Captain, Alberto Casanova, Jeannie Chapron, Harry Charles, Katherine Clark, Sister Ann Paul Clare, Agnes Cooper, Rita Cormire, Edward Cousin, Juanita Davis, Benjie Delille, Beverly Colvin-Dorsey, Nigel Dunn, Betty Eason, Ferdinand Foye, Betty Flowers, Teresa Franklin, Stacy Franklin, Marian Fussey, Judy Felton-Gardner, Mavis Gibbs, Refugio Godinez, Nancy Goosby, Barbara Harris, Jacqueline Holman, Mattie Hilburn, Janie Jackson, Mary Jené, Aaron Jittu, Robert Jordan, Aaron Katz, Briana Katz, Irwin Lagarde, Jeanne LeBlanc, Barbara Lindsey, Connie Louie, Joe McZeal, Vydred Manor, Sister Marianna, Dorothy Okoye, Martina Peters, Daisy Pratt, Wiley R. Pugh, Andrea Raggette, Michelle Raines, Emma Rausch, Dottie Rodriguez, Dana Semien, Dudley Semien, George Simon, Sr., Jeremiah Skyes, Darnell Stang, Michele Starks, Annie Starks, Alice Tenette, Leila Thomas, Stephanie Thompson, Emma Thornton, Iris Turner, and Peggy Wright.

As part of the *Safeguard the Children* program, adult supervision is mandatory for all underage children.  
**Children should be accompanied to the restroom by an adult or guardian.**

### MASS INTENTIONS

<b>Saturday</b> 5:15 PM	<b>July 30</b> Intention of all Parishioners
<b>Sunday</b> 8:00 AM	<b>July 31</b> Soul of Eunice Joseph
10:00 AM	Soul of Connie Farlice
12:15 PM	Souls of Henry Sr. and Leola Marine
<b>Friday</b> 8:00 AM	<b>July 5</b> Intention of Father Oscar Pratt, II
<b>Saturday</b> 5:15 PM	<b>July 6</b> Soul of Jeroline Richards
<b>Sunday</b> 8:00 AM	<b>July 7</b> Intention of all Parishioners
10:00 AM	Intention of Virgie Arguilar
12:15 PM	Soul of Enrique Gonzales

### DAILY SCRIPTURE READINGS

Sunday	Eccl 1:2; 2:21-23, Ps 90:3-17, Lk 12:13-21
Monday	Jer 28:1-17, Mt 14:13-21
Tuesday	Jer 30:1-22, Mt 14:22-36
Wednesday	Jer 31:1-7, Mt 15:21-28
Thursday	Jer 31:31-34, Mt 16:13-23
Friday	Na 2:1, 3; 3:1-7, Mt 16:24-28
Saturday	Dn 7:9-14, Lk 9:28b-36
Sunday	Wis 18:6-9, Ps 33:1-22, Lk 12:32-48

### WEEKLY OFFERING

**July 24, 2016**

\$3,226.00 Tithe and Offering  
0 Building Fund  
31.00 We Care"



## COFFEE & DONUTS



**TODAY IN THE PARISH HALL!**

### Did You Know?

**Keep your kids safe in parks this summer**

The weather outside is beautiful, and one of the best places to play is the park. However, parents should start every visit to the park with a discussion with their kids about safety plan. Kids should know what to do if a stranger were to approach them, and who to go to if they feel uncomfortable or threatened. Public parks are a great place to play, but they are exposed to the public. Having a safety plan in place can help parents and kids feel secure and play safely this summer. For a copy of the TODAY.com article, email [jvienna@la-archdiocese.org](mailto:jvienna@la-archdiocese.org) or call (213) 637-7227.

### Stewardship Thought

"Take care to guard against all greed, for though one may be rich, one's life does not consist of possessions." LUKE 12:15

The Gospel message today is so contrary to our modern culture where advertising continually tries to convince us that our value lies in the things we possess. Jesus showed us that our true value lies in the way we live our lives. He challenges us to not store up or hoard material possessions, but rather to live a grateful and generous lifestyle.

*Celebrating the culture of "Panama and Belize"*

## ANNUAL CHURCH PICNIC

AT KENNETH HAHN PARK  
**SATURDAY AUGUST 6, 2016**  
**9AM to 5PM**



If you have any questions, contact Deacon Greg Patterson in the rectory or by e-mail [dcn431@aol.com](mailto:dcn431@aol.com).