

# FIRST SUNDAY OF LENT

March 5, 2017

*Dear Parishioners,*

*Jesus was led by the Spirit into the desert to be tempted by the devil. (Matthew 4:1)*

Today's readings show us two opposite responses to the temptation to be "like gods" (Genesis 3:5). Our first parents gave in to the serpent's allure, but Jesus didn't. He did what we could not do. Facing every temptation that we face, he clung to his Father and remained free from sin.

Sin is appealing, isn't it? It's also incredibly deceptive, passing itself off as harmless and maybe even good for us. Imagine how the forbidden fruit must have appeared to Eve—"good for food and pleasing to the eyes, and . . . desirable for gaining wisdom" (Genesis 3:6). But that doesn't mean fighting temptation is a hopeless cause. This Lent is a time when our lives can change.

What temptations oppress you the most? A tendency toward irritation or resentment? Selfishness? Jealousy? Choose one, and decide to make some headway in just this one area this Lent.

Here's one of the best ways to do it: think about Jesus in the wilderness, battling hunger and the nagging voice of Satan. Each time he was tempted, Jesus turned to his Father in prayer, even when it was a great effort, even when the truths he clung to felt distant. And his Father didn't abandon him!

God never turns away from us either. He is always ready to help us. That's why Lent is such a vital time. It's our chance to change directions and cling to the Lord and his word. It's our chance to say no to the temptations we face and turn back to our heavenly Father.

When you do this, it will make a difference in your relationship with God. But it will also change the world. Think about the ripple effects of millions of people turning away from the snares of the devil and welcoming God more deeply into their lives! Come Easter, families will be stronger, and faith will be deeper.

*"Jesus, show me what is tempting me, and help me turn back to the Father."*

*Deacon Mark Race, Administrator*

## **PRAY FOR THE SICK**

Virgie Aguilar, LaVern Agnew, Brian Argusta, Joyce Barnett, Rose Ball, Percenia Beasley, Veronica Bearce, Fr. Emile Belletty, Sister Juliet Berber, Glenda Brown, Andrei Briggs, Vivian Burgess, Barbara Butler, Brownie Cain, Sister Cecilia Calva, Mary Captain, Alberto Casanova, Jeannie Chapron, Katherine Clark, Sister Ann Paul Clare, Agnes Cooper, Rita Cormire, Edward Cousin, Juanita Davis, Beverly Colvin-Dorsey, Jayden Dunn, Nigel Dunn, Betty Eason, Gwen Files, Ferdinand Foye, Betty Flowers, Teresa Franklin, Stacy Franklin, Judy Felton-Gardner, Mavis Gibbs, Refugio Godinez, Nancy Goosby, Barbara Harris, Jacqueline Holman, Mattie Hilburn, Janie Jackson, Aaron Jittu, Robert Jordan, Aaron Katz, Briana Katz, Irwin Lagarde, Jeanne LeBlanc, Barbara Lindsey, Connie Louie, Joe McZeal, Vydred Manor, Sister Marianna, Dorothy Okoye, Martina Peters, Daisy Pratt, Wiley R. Pugh, Dorothy Pulliam, Andrea Raggette, Michelle Raines, Basil Raymond, Dottie Rodriguez, Dana Semien, Dudley Semien, Chris Simon, George Simon, Sr., Jeremiah Skyes, Darnell Stang, Michele Starks, Annie Starks, Alice Tenette, Leila Thomas, Stephanie Thompson, Emma Thornton, Iris Turner, Frank Vidrio, Peggy Wright and Emmerson Young.

## Thoughts on Fasting

Lent should be more than a time of fasting.

It should be a joyous season of fasting.

Lent is a time to fast from certain things and to feast on others.

*Fast* from discouragement: feast on hope.

*Fast* from idle gossip: feast on purposeful silence.

*Fast* from anger: feast on patience.

*Fast* from discontent: feast on gratitude.

*Fast* from pessimism: feast on optimism.

*Fast* from suspicion: feast on truth.

*Fast* from bitterness: feast on forgiveness.

*Fast* from complaining: feast on appreciation.

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## Sacred Heart Retreat

Ladies, now's the time to give some serious thought to being a part of Transfiguration's weekend at the Sacred Heart Retreat House in Alhambra. Whether you want to get away for the entire weekend or commute daily, room by yourself or with another retreatant, we can accommodate you! We need your reservation by March 17th, so please give us a call.

*Sonya Robertson 323.291.4846*

*or Evelyn Payne 323.291.8325*

**You deserve it!**

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## Lenten Bible Study

This year for Lent, Bible Study will present a 5 week contemplation of the 2011 movie "The Way". The film stars Martin Sheen as Tom with his son Emilio Estevez as Daniel. Daniel, the son, dies in Spain while on the Camino de Santiago, "The Way of St. James" pilgrimage to the Cathedral of Santiago. Tom, the father, decides to complete the pilgrimage and scatter his son's ashes along the path. Join us Monday evenings at 7:00 PM. Study guides will be available for a donation of \$10.00. All are welcome.

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## Transfiguration Church & School ANNUAL FISH FRY RAFFLE

1st Prize: \$1000.00

2<sup>nd</sup> Prize: \$500.00

3<sup>rd</sup> Prize: \$250.00

You are asked to sell one book which is 40 tickets, total of \$40. There is no need for a **STUB TO WIN**. All we need is your name, phone number or address.

**Drawing: Friday, April 7, 2017 in the hall.**

*(Winner need not be present to win)*

## LENTEN FISH FRY

**Fridays 5-9 PM beginning March 3.**

## STATIONS OF THE CROSS

**Every Friday in Lent at 6 PM.**

## Daily Scripture Readings

Sunday	Gn 2: 7-9, 3:1-7, Ps 51:3-17, Mt 4:1-11
Monday	Lv 19:1-18, Mt 25:31-46
Tuesday	Is 55:10-11, Mt 6:7-15
Wednesday	Jon 3:1-10, Lk 11:29-32
Thursday	Est C:12-25, Mt 7:7-12
Friday	Ez 18:21-28, Mt 5:20-26
Saturday	Dt 26:16-19, Mt 5:43-48
Sunday	Gn 12:1-4a, Ps 33:4-22, Mt 17:1-9

## Mass Intentions

<b>Saturday</b>	<b>March 4</b>
5:15 PM	Soul of Ann Rawles
<b>Sunday</b>	<b>March 5</b>
8:00 AM	Intention of all Parishioners
10:00 AM	Soul of Roslyn DeHesa ( <i>daughter of Melba Bridges</i> )
12:15 PM	Intention of Briana & Aaron Katz
<b>Sunday</b>	<b>March 12</b>
10:00 AM	Intention of all Parishioners
12:15 PM	Intention of Robert and Olivia Baynham

## WEEKLY OFFERING

**February 26, 2017**

\$4,759.00 Tithe and Offering

168.00 Building Fund

26.00 "We Care"



## THE JEFFERSON COUNCIL CELEBRATES

### St. Joseph Day

at the Church of the Transfiguration

**Sunday, March 19, 2017 at 12:15 PM Mass**

followed by Reception in hall... Food, Entertainment, Music!

**"Everyone is Invited"**

*For more information contact: Aline Ovid 323.779.8393.*

## SAVE THE DATE

**Sunday, March 26, 2017**

*Jr. Daughters*

*Jazz Lunch*

Transfiguration Parish Hall  
after all Masses.

